20th September 2024

www.wimboldsleyprimaryschool.co.uk

@WimboldsleyCPS



nother week has flown by at Wimboldsley and everyone is well and truly into the swing of learning. Staff and pupils have been taking advantage of the pleasant weather to continue their learning outside because as you know you can really learn anywhere! We have also had a few focus days this week with National Fitness Day and Genes for Jeans day, which have been very successful. Thank you for your support.



## NATIONAL FITNESS



What a wonderful day we had on Wednesday when the whole school celebrated **NATIONAL FITNESS DAY**. We had regular '*STOP*, *DROP AND*....' sessions where we completed such activities as steps, dancing, yoga, balancing and lots more/







#### **DRUM CRAZY!**

We couldn't stop the beat on Wednesday when drummer and educator Chris Morgan came into school to showcase his skills and introduce drumming to the school. The children were fascinated and a few lucky ones were able to try out the kit! Chris is now offering drumming lessons in school - please see flyer attached.



# myHappymind

We are proud to have joined myHappymind programme. myHappymind is an NHS-backed curriculum in primary schools, secondary schools, and nurseries and is focused on building resilience, selfesteem, and happiness in children.

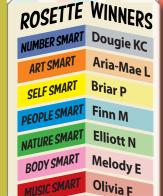
brains work and teaching strategies for relaxation myHappymind isn't just a topic or subject like Maths. It is a life skill that we can all learn to help us to be our very best selves. We will be having lessons each week, but we will be using the

Every year group from Early Years to Year 6 has a separate version of the myHappymind curriculum.

Over the academic year, Each year group will work through 5 modules allowing for a whole school culture to build. All classes at Wimboldsley are now learning Module One: Meet Your Brain Helping our children to understand how their brains work and teaching strategies for relaxation. myHappymind isn't just a topic or subject like Maths. It is a life skill that we can all learn to help us to be our very best selves. We will be having lessons each week, but we will be using the habits we learn all of the time. Even the teachers are doing myHappymind!

#### **Email**

In order to streamline communication throughout the school please email the school office only and not class teachers. Messages will be forwarded to your child's teacher(s) and actioned. The office can be contacted on admin@wimboldslev.cheshire.sch.uk *Thank you for your cooperation*.



Arthur A

Olivia R

WORD SMART

GOLD ROSETTE



## DRUM LESSONS

### at Wimboldsley Primary School



Come and learn to play this amazing instrument with experienced drummer and educator, Chris Morgan

### **Lessons include:**





- Studying different styles of music
  - Drum theory
- Learning and playing yours (and your parents!) favourite songs
  - Fun rhythm games
    - Much more



Lessons are on a 1:1 basis and last 20 minute
No drum kit necessary at homes
£15.00 per lesson

Please contact Chris directly at CHRISMORGANDRUMS@GMAIL.COM for further details